



*** FOR IMMEDIATE RELEASE ***

QuickSTAR Blythe Sturman Honored by All Central Virginia Selection

Williamsburg, Virginia (8/17/2026) – QuickStart Children of Virginia (QCV) is excited to report former QuickStart Tennis QuickSTAR Blythe Sturman was recently named All Central Virginia Girls Tennis Player of the Year after going undefeated in singles and winning her third individual state title. Blythe is a rising senior at Western Albemarle High School. Her teammates, Molly Nolasco and Grace Zhang, were named to the All Central Virginia First Team. Their Coach Amy Nolasco was recognized as Coach of the Year.

THE DAILY PROGRESS

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GIRLS TENNIS

ALL CENTRAL VIRGINIA

PLAYER OF THE YEAR

Blythe Sturman,
Western Albemarle

Sturman won her third consecutive VHS, Class 1 singles state title to cap an 18-0 season individually. She additionally won the state doubles championships, along with regional titles for singles and doubles.

Tennis player Blythe Sturman, of Western Albemarle, poses for a portrait Tuesday, July 21, 2026, at Charlottesville High School.

CAL TORIAN/THE DAILY PROGRESS

Grace Zhang,
Western Albemarle

Zhang served as a reliable No. 2 singles player for the Warriors, and compiled a 23-1 record in those matches. She was also unbeaten throughout their postseason run, and won the regional and state doubles titles.

Watty Dalton,
St. Anne's-Belfield

Dalton was the Saints' No. 1 singles and doubles player as they reached the VHSAA Division II state semifinal. She went 13-4 in singles and 12-5 in doubles, and earned first team All-State honors.

Skyler Moon,
Monticello

Moon served as the Mustangs' No. 1 singles player, and reached the VHS, Region 3C singles title match.

Molly Nolasco,
Western Albemarle

Nolasco went undefeated in the regular season and 18-2 overall as the Warriors' No. 3 singles player.

Savannah Hudtloff,
Albemarle

Hudtloff was the No. 1 singles player for the Patriots, and helped lead them to the No. 2 seed in the VHS, Region 3C tournament.

Caitlyn Livelli,
Covenant

Livelli led the Eagles' lineup as their No. 1 singles player, and received first team all-state recognition.

SECOND TEAM

- Naomi Riddle, Charlottesville
- Allegra Bralys, St. Anne's-Belfield
- Amelia Player, Albemarle
- Evelyn Hancock, St. Anne's-Belfield
- Kaitlyn Ryan, Charlottesville
- Olani Gratz, Charlottesville

COACH OF THE YEAR

Amy Nolasco, Western Albemarle

Under Nolasco's leadership, the Warriors won the VHS, Region 3C championship and reached the state semifinal. They compiled a 29-2 record, with both defeats coming in eventual state champion Maggie Walker.

— Chris Givens, The Daily Progress

QCV Founder Lynda Harrill says, “I remember first meeting Blythe and her family at a UVA Men’s Tennis match years ago when Blythe was three or four years old. She and her brothers were into tennis back then. It has been a pleasure to watch Blythe mature as a player and person and witness her successes on and off the court. It’s nice to see a true QuickStart QuickSTAR thriving.”

**Want to be a great adult?
Play tennis! Read books!
Eat healthy! Have FUN!!!
Be a QuickStart kid!**

QuickStart Tennis of Central Virginia, Inc. (aka QuickStart Children of Virginia) is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in Virginia for all beginners, especially underserved and at-risk youth, using the kid-sized QuickStart Tennis format. We leverage the fun of tennis to promote lifelong physical activity, healthy eating/lifestyle habits and a love of reading in the communities we serve. We believe early childhood literacy will solve many socioeconomic problems and produce kids who will succeed in school and in life.

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For additional information, contact quickstartcentral@comcast.net.



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