*** FOR IMMEDIATE RELEASE ***

BrightSTARS–Tennis for Me! Kicks Off Third Year at Charles City Elementary School

Williamsburg, Virginia (10/19/2026) – QuickStart Children of Virginia (QCV) is pleased to announce the third year of BrightSTARS–Tennis for Me! has begun for the preschoolers and Head Start kids at Charles City Elementary. The fall sessions will run through November. At each of this year's first sessions, QCV Founder Lynda Harrill was assisted by the classroom teachers and three volunteers -- Trisann Ferrigno, Director of Community Engagement for PointOne Data Centers, and avid tennis players Kay Tyler and Hilary Sharpe from Westover Episcopal Church.









Charles City Elementary continues to prioritize early childhood development, and BrightSTARS has become a valued part of the school's readiness efforts. QCV is proud

to contribute through BrightSTARS, Racquets for Reading!!! book grants and support of Dolly Parton's Imagination Library. They all play an essential role in preparing kids for kindergarten.

Lynda says, "Having six adults 'on court' for each session really makes what we do so much easier. After three back-to-back classes, I was not one-bit tired. The best part is that everyone – kids and adults -- had so much fun. There isn't much that's more fun than helping young children develop motor skills, learn how to follow instructions and work with a partner – all fundamental skills they'll have for a lifetime. Teaching children to play tennis is a joyful enterprise. The smiles and leg-hugs are great rewards."

Want to be a great adult?
Play tennis! Read books!
Eat healthy! Have FUN!!!
Be a QuickStart kid!

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QuickStart Tennis of Central Virginia, Inc. (aka QuickStart Children of Virginia) is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in Virginia for all beginners, especially underserved and at-risk youth, using the kid-sized QuickStart Tennis format. We leverage the fun of tennis to promote lifelong physical activity, healthy eating/lifestyle habits and a love of reading in the communities we serve. We believe early childhood literacy will solve many socioeconomic problems and produce kids who will succeed in school and in life.

Visit QCV at **www.qscentral.org** and on **Facebook**.

For additional information, contact **quickstartcentral@comcast.net**.

A racquet in every hand! A smile on every face!

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