



\*\*\* FOR IMMEDIATE RELEASE \*\*\*

## **Tennis in PE at Page Middle School in Gloucester County**

**Williamsburg, Virginia** (3/17/2026) – QuickStart Children of Virginia (QCV) is pleased to report Davy Hairston, QCV Board member and Director of Tennis at Kingsmill, is leading a Tennis in PE program at Page Middle School in Gloucester County. Over the course of 15 sessions, Davy worked with 180 sixth and seventh graders and PE teachers David Lutz, Todd Mikanowicz and Anna Nelson. Last year, QCV held a training session for all PE teachers in Gloucester.



Davy says, “I had a great time working with the Page Middle schoolers in their gymnasium. I introduced them to tennis with age-appropriate racquets (provided by USTA), portable nets and foam balls from Kingsmill as an alternative to their usual PE programming.

“Page’s PE teachers were wonderful partners in this initiative that highlighted the principles of partnership, respect, and ownership while enjoying the sport for a lifetime.

“I’d love to do this again ...”

Lynda Harrill, QCV Founder, adds, “What a treat for these kids to get to learn from an experienced tennis professional like Davy. He always makes it fun. Nothing like some

QuickStart Tennis in the gym during the kind of awful weather we've had this winter to put much-needed smiles on kids' faces."

*Want to be a great adult?  
Play tennis! Read books!  
Eat healthy! Have FUN!!!  
Be a QuickStart kid!*

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QuickStart Tennis of Central Virginia, Inc. (aka QuickStart Children of Virginia) is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in Virginia for all beginners, especially underserved and at-risk youth, using the kid-sized QuickStart Tennis format. We leverage the fun of tennis to promote lifelong physical activity, healthy eating/lifestyle habits and a love of reading in the communities we serve. We believe early childhood literacy will solve many socioeconomic problems and produce kids who will succeed in school and in life.

Visit QCV at [www.quickstartcentral.org](http://www.quickstartcentral.org) and on [Facebook](#).

For additional information, contact [quickstartcentral@comcast.net](mailto:quickstartcentral@comcast.net).



*A racquet in every hand! A smile on every face!*



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